



SUMMER 2009

Express
L.I.F.E.



<p>Groovin' Get movin' with Groovin' 6:00 - 7:30 p.m. Wednesdays July 1, 8, 15 and 22 MCFI Southeast Campus 3333 S. Howell Ave. Fee: \$25 for all four sessions</p>			<p>Passion for Pickles Make your own and take 'em home 1:00 - 3:00 p.m. Saturday, July 25 MCFI Main Campus 2020 W. Wells St. Cost: \$10</p>	<p>Shop at Johnson Creek Outlet Mall Bring desired spending money 10:00 a.m. - 3:00 p.m. Sunday, Aug. 16 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$35, includes lunch Reservations required</p>			<p>Organ Piper Pizza Party! Party with the Piper 5:30 - 8 p.m. Friday, Sept. 11 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$15</p>
<p>Bake Mini-Flag Cakes Patriotic and delicious! 6:00 - 7:30 p.m. Thursday, July 2 MCFI Main Campus 2020 W. Wells St. Cost: \$10</p>			<p>Dip into Cool Waters Waterpark Bring a towel and swimsuit 3:15 - 6:30 p.m. Monday, July 27 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$15</p>	<p>You're a rock star! Record and create your own CD 5:00 - 6:30 p.m. Monday, Aug. 17 MCFI Main Campus 2020 W. Wells St. Cost: \$8</p>			<p>Take Me Out to the Ball Park! Tour Miller Park with us 1:00 - 4:00 p.m. Sunday, Sept. 13 Meet at MCFI, 2020 W. Wells St. Cost: \$20</p>
<p>Dip into Cool Waters Waterpark Bring a towel and swimsuit 3:15 - 6:30 p.m., Tuesday, July 7 Meet at MCFI Main Campus 2020 W. Wells St. Fee: \$15</p>			<p>Health Healers Unleashed! Outdoor fun with friendly dogs 6:00 - 7:30 p.m. Tuesday, July 28 MCFI Main Campus 2020 W. Wells St. Cost: \$5</p>	<p>Spy adventure at the Safehouse! Enjoy dinner with a spying theme 5:00 - 7:30 p.m. Tuesday, Aug. 18 Meet in front of the Pabst Theatre at Wells and Water Sts. Sorry, ambulatory only Cost: \$20</p>			<p>Country Springs Indoor Waterpark Bring a towel and swimsuit 3:15 - 6:30 p.m. Monday, Sept. 14 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$15</p>
<p>Dinner and a Movie Night Great movie, great food! 6:00 - 8:00 p.m., Wednesday, July 8 MCFI Main Campus 2020 W. Wells St. Fee: \$10, reservations required</p>			<p>Dinner and a Movie Night Treat yourself to a fun evening 6:00 - 8:00 p.m. Wednesday, July 29 MCFI Main Campus 2020 W. Wells St. Cost: \$10, reservations required</p>	<p>Goodies from the Garden Make snacks from your garden 1:00 - 3:00 p.m. Saturday, Aug. 22 MCFI Main Campus 2020 W. Wells St. Cost: \$10</p>			<p>Art is where you find it! Open studio collage project 5:00 - 6:30 p.m. Tuesday, Sept. 15 MCFI Main Campus 2020 W. Wells St. Cost: \$8</p>
<p>Happy Days Performance & Sing-Along! Bring the whole gang 6:00 - 7:30 p.m., Friday, July 10 MCFI Main Campus 2020 W. Wells St. Fee: \$8</p>			<p>Tie-dye a T-shirt Make a fashion statement 6:00 - 7:30 p.m. Thursday, July 30 MCFI Main Campus 2020 W. Wells St. Cost: \$12</p>	<p>Cool off at Cool Waters Waterpark Bring a towel and swimsuit 3:15 - 6:30 p.m. Monday, Aug. 24 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$15</p>			<p>Let's pick some apples! Goodness right off the tree 1:00 - 3:00 p.m. Saturday, Sept. 19 Meet at MCFI Main Campus 2020 W. Wells St. Sorry, ambulatory only Cost: \$15</p>
<p>Visit a Farmer's Market Much more than just veggies! 9:00 - 11:30 a.m. Saturday, July 11 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$10</p>			<p>What's new at the zoo? Milwaukee County Zoo trip 1:00 - 4:00 p.m. Saturday, Aug. 1 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$10</p>	<p>Dinner and a Movie Night It's showtime! 6:00 - 8:00 p.m. Wednesday, Aug. 26 MCFI Main Campus 2020 W. Wells St. Cost: \$10, reservations required</p>			<p>Let's Go Bowling At AMF Lanes Noon - 2:00 p.m. Sunday, Sept. 20 Meet at AMF, 7505 W. Oklahoma Ave. Cost: \$15</p>
<p>Fun to spare! Bowling at AMF Lanes Noon - 2:00 p.m. Sunday, July 12 Meet at the lanes 7505 W. Oklahoma Ave. Cost: \$15</p>			<p>Nia Dance Class Move to the music 6:00 - 7 p.m. Wednesdays Aug. 5, 12 and 19 MCFI Southeast Campus 3333 S. Howell Ave. Cost: \$20 for all three sessions</p>	<p>Frisbee Golf! Meet at Abendschein Park, Hole #1 1311 E. Drexel Ave., Oak Creek 5:30 - 7:30 p.m. Thursday, Aug. 27 Sorry, ambulatory only Cost: \$10</p>			<p>Dinner and a Movie Night Great food, great flick! 6:00 - 8:00 p.m. Wednesday, Sept. 23 MCFI Main Campus 2020 W. Wells St. Cost: \$10, reservations required</p>
<p>Paint your masterpiece! Open studio night 5:00 - 6:30 p.m., Tuesday, July 14 MCFI Main Campus 2020 W. Wells St. Cost: \$8</p>			<p>Pool party at the park! Swim with us at Lincoln Park 5:00 - 8:00 p.m. Friday, Aug. 7 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$12</p>	<p>Dancing Horses Farm and Zoo Watch the animals put on a show 1:00 - 5:00 p.m. Saturday, Aug. 29 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$35, reservations required</p>			<p>Mini-Golf Madness! 5:30 - 8:00 p.m. Friday, Sept. 25 Meet at MCFI Main Campus 2020 W. Wells St. Sorry, ambulatory only Cost: \$20</p>
<p>Laugh and be cool! Meet us at ComedySportz 7:30 - 9:00 p.m., Thursday, July 16 420 South First Street, Milwaukee Cost: \$10</p>			<p>Make that spare! Bowling at AMF Lanes Noon - 2:00 p.m. Sunday, Aug. 9 Meet at AMF, 7505 W. Oklahoma Ave. Cost: \$15</p>	<p>Tour your own hometown! Ride the trolley and see the sights 5:30 - 8:00 p.m. Tuesday, Sept. 1 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$12, summer beverage included</p>			<p>Natural Fall Décor Make wreaths and herb hangings 1:00 - 3:00 p.m. Saturday, Sept. 26 MCFI Main Campus 2020 W. Wells St. Cost: \$8</p>
<p>Be your own Milwaukee Idol! Record and create your own CD 5:00 - 6:30 p.m., Monday, July 20 MCFI Main Campus 2020 W. Wells St. Cost: \$8</p>			<p>Make a crafty mirror Frame it in seashells 6:00 - 7:30 p.m. Tuesday, Aug. 11 MCFI Main Campus 2020 W. Wells St. Cost: \$10</p>	<p>Groovin' Get back in the groove 6:00 - 7:30 p.m. Wednesdays Sept. 2, 9, 16 and 23 MCFI Southeast Campus 3333 S. Howell Ave. Cost: \$25 for all four sessions</p>			<p>Explore Discovery World At beautiful Pier Wisconsin 11:00 a.m. - 3:00 p.m. Sunday, Sept. 27 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$20, includes lunch</p>
<p>Dig the Doo Wop Daddies At Pere Marquette River Rhythms 6:30 - 9:00 p.m. Wednesday, July 22 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$12, including snacks</p>			<p>Dinner and a Movie Night Bring a friend or just yourself 6:00 - 8:00 p.m. Wednesday, Aug. 12 MCFI Main Campus 2020 W. Wells St. Cost: \$10, reservations required</p>	<p>Bowling at Bayshore's IPIC Strike up the fun! 5:30 - 8:00 p.m. Tuesday, Sept. 8 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$15</p>			<p>Country Springs Indoor Waterpark Bring a towel and swimsuit 3:15 - 6:30 p.m. Monday, Sept. 28 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$15</p>
<p>Garden Party Potluck! Bring a dish to share 6:00 - 7:30 p.m., Friday, July 24 MCFI Main Campus 2020 W. Wells St. Cost: \$6, beverages included</p>			<p>Let's go to Irish Fest! Reserve now, space is limited 5:30 - 8:30 p.m. Thursday, Aug. 13 Meet at MCFI Main Campus 2020 W. Wells St. Cost: \$15, bring desired spending money Reservations required</p>	<p>Dinner and a Movie Night Good friends good food - it's all good! 6:00 - 8:00 p.m. Wednesday, Sept. 9 MCFI Main Campus 2020 W. Wells St. Cost: \$10, reservations required</p>			<p>Bake Apple Turnovers Delicious fun in the kitchen 10:00 a.m. - Noon, Tuesday, Sept. 29 MCFI Main Campus 2020 W. Wells St. Cost: \$10</p>

Join us for the time of your life!

Call 414.937.2100

Reserve your spot today!

Unless noted, transportation is "on your own." Any person who needs personal care support needs to have a caregiver with them. Doors open 30 minutes prior to the event. Please do not arrive sooner.

Try something new everyday at MCFI's L.I.F.E. Day Services programs. Call 414.937.2099 for a tour.

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