



WINTER Express LIFE 2010

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| <p>Groovin' Get up and move with us! 6:00 - 7:30 p.m. Wednesdays, Jan. 6, 13, 20 & 27 MCFI, 2020 W. Wells St. Cost: \$25 for four sessions</p> | | | <p>Health Healers Pet your favorite pup! MCFI, 2020 W. Wells St. 6:00 - 7:30 p.m. Tuesday, Jan. 26 Cost: \$5</p> | <p>Be a Rock Star! Learn how to be a guitar hero 6:00 - 7:30 p.m. Wednesday, Feb. 17 MCFI, 2020 W. Wells St. Cost: \$8</p> | | | <p>Country Springs Water Park Swim in the warm indoors! 3:15 - 6:30 p.m. Monday, March 8 Meet at MCFI, 2020 W. Wells St. Cost: \$15</p> |
| <p>Beat Diabetes Learn how to beat diabetes and enjoy a healthy dinner 6:00 - 7:45 p.m. Thursday, Jan. 7 MCFI, 2020 W. Wells St. Cost: \$10</p> | | | <p>Dinner and a Movie Night Let us entertain you! 6:00 - 8:00 p.m. Wednesday, Jan. 27 MCFI, 2020 W. Wells St. Cost: \$10, Reservations required</p> | <p>Mardi Gras Dance Celebrate New Orleans-style! 6:00 - 8:00 p.m. Friday, Feb. 19 Meet at the Badger Association 912 N. Hawley Rd. Cost: \$8</p> | | | <p>Make the Scene Green! St. Patty's Day desserts & decorations 6:00 - 7:30 p.m. Tuesday, March 9 MCFI, 2020 W. Wells St. Cost: \$10</p> |
| <p>Happy Birthday, Elvis! Movies, Cake, Trivia, and an Elvis dance contest! 6:00 - 8:00 p.m. Friday, Jan. 8 MCFI, 2020 W. Wells St. Cost: \$10</p> | | | <p>Magic at MCFI! Magician Bob Kreckel will amaze you 6:00 - 7:15 p.m. Thursday, Jan. 28 MCFI, 2020 W. Wells St. Cost: \$8</p> | <p>Strike up some fun! Bowling at AMF Lanes Noon - 2:00 p.m. Sunday, Feb. 21 Meet at AMF Lanes 7505 W. Oklahoma Ave. Cost: \$15</p> | | | <p>Dinner and a Movie Night Let us entertain you! 6:00 - 8:00 p.m. Wednesday, March 10 MCFI, 2020 W. Wells St. Cost: \$10, Reservations required</p> |
| <p>Harry Potter Film & Wizards Lunch Let the sorting hat choose your table! Noon - 2:45 p.m. Saturday, Jan. 9 MCFI, 2020 W. Wells St. Cost: \$10, Reservations required</p> | | | <p>Afternoon flick at Silver Cinemas! Call for time and movie info Saturday, Jan. 31 Meet at Silver Cinemas 4475 S. 108th Street, Greenfield Cost: \$15</p> | <p>Country Springs Water Park Splash-happy fun! 3:15 - 6:30 p.m. Monday, Feb. 22 Meet at MCFI, 2020 W. Wells St. Cost: \$15</p> | | | <p>St. Patrick's Day Dance The groovin' of the green! 6:00 - 8:00 p.m. Friday, March 12 MCFI, 2020 W. Wells St. Cost: \$8</p> |
| <p>Strike up some fun! Bowling at AMF Lanes Noon - 2:00 p.m. Saturday, Jan. 10 Meet at AMF Lanes 7505 W. Oklahoma Ave. Cost: \$15</p> | | | <p>Soul Food Celebration A Black History Month event 5:30 - 7:30 p.m. Tuesday, Feb. 2 MCFI, 2020 W. Wells St. Cost: \$10, Reservations required</p> | <p>Mosaic Series: Permanent Art Work it out with grout! 6:00 - 7:30 p.m. Tuesday, Feb. 23 MCFI, 2020 W. Wells St. Cost: \$10</p> | | | <p>St. Patrick's Day Parade And a delicious Irish lunch 11:00 a.m. - 3:00 p.m. Saturday, March 13 Meet at MCFI, 2020 W. Wells St. Cost: \$15</p> |
| <p>Country Springs Water Park Splash-happy fun! 3:15 - 6:30 p.m. Monday, Jan. 11 Meet at MCFI, 2020 W. Wells St. Parking lot entrance Cost: \$15</p> | | | <p>Nia Dance Classes Get up and move! 6:00 - 7:00 p.m. Wednesdays, Feb. 3, 10 & 17 MCFI SE Campus, 3333 S. Howell Ave. Cost: \$20 for all three sessions</p> | <p>Dinner and a Movie Night Let us entertain you! 6:00 - 8:00 p.m. Wednesday, Feb. 24 MCFI, 2020 W. Wells St. Cost: \$10, Reservations required</p> | | | <p>Strike up some fun! Bowling at AMF Lanes Noon - 2:00 p.m. Sunday, March 14 Meet at AMF Lanes 7505 W. Oklahoma Ave. Cost: \$15</p> |
| <p>Dinner and a Movie Night Great food, great fun! 6:00 - 8:00 p.m. Wednesday, Jan. 13 MCFI, 2020 W. Wells St. Cost: \$10, Reservations required</p> | | | <p>Chinese New Year Celebrate with us at the Domes! 9:00 - 10:30 a.m. Saturday, Feb. 6 Meet at the Domes, 524 S. Layton Blvd. Cost: \$10</p> | <p>ComedySportz! A laugh a minute 7:30 - 9:00 p.m. Thursday, Feb. 25 Meet at ComedySportz 420 S. First Street Cost: \$10</p> | | | <p>Start Spring Early Make a windowsill garden 6:00 - 7:30 p.m., Tuesday, March 16 MCFI, 2020 W. Wells St. Cost: \$10</p> |
| <p>Discovery World Explore the world around you! 11:00 a.m. - 2:00 p.m., Sunday, Jan. 17 Meet at MCFI, 2020 W. Wells St. Parking lot entrance Cost: \$20, including lunch</p> | | | <p>Country Springs Water Park Swim in the warm indoors! 3:15 - 6:30 p.m. Monday, Feb. 8 Meet at MCFI, 2020 W. Wells St. Cost: \$15</p> | <p>Art Show & Gallery Night Prize for best in show 6:00 - 8:00 p.m. Friday, Feb. 26 MCFI, 2020 W. Wells St. Cost: \$8, snacks will be served</p> | | | <p>Be a Rock Star! Star in your own CD! 6:00 - 7:30 p.m. Wednesday, March 17 MCFI, 2020 W. Wells St. Cost: \$8</p> |
| <p>Mosaic Series: Movable Art Create magnet mosaics 6:00 - 7:30 p.m. Tuesday, Jan. 19 MCFI, 2020 W. Wells St. Cost: \$10</p> | | | <p>Make Valentine's Day Cookies Sweet treats from the heart 6:00 - 7:30 p.m. Tuesday, Feb. 9 MCFI, 2020 W. Wells St. Cost: \$10</p> | <p>Potawatomi Playtime Play the slots! 1:00 - 3:30 p.m. Sunday, Feb. 28 Meet at MCFI, 2020 W. Wells St. Cost: \$20, some gaming money will be provided. Bring extra money if desired. Bring ID card.</p> | | | <p>Country Springs Water Park Splash-happy fun! 3:15 - 6:30 p.m. Monday, March 22 Meet at MCFI, 2020 W. Wells St. Parking lot entrance Cost: \$15</p> |
| <p>Be a Rock Star! Take a crash course in drums! 6:00 - 7:30 p.m. Wednesday, Jan. 20 MCFI, 2020 W. Wells St. Cost: \$8</p> | | | <p>Dinner and a Movie Night Bring a friend, have some fun 6:00 - 8:00 p.m. Wednesday, Feb. 10 MCFI, 2020 W. Wells St. Cost: \$10, reservations required</p> | <p>Irish Art and Music A Shamrock celebration 6:00 - 8:00 p.m. Tuesday, March 2 MCFI, 2020 W. Wells St. Cost: \$10</p> | | | <p>Dinner and a Movie Night Let us entertain you! 6:00 - 8:00 p.m. Wednesday, March 24 MCFI, 2020 W. Wells St. Cost: \$10, reservations required</p> |
| <p>Spa Night at MCFI Nails, facials and more! Guys are welcome too! 6:00 - 7:30 p.m. Thursday, Jan. 21 MCFI, 2020 W. Wells St. Cost: \$8</p> | | | <p>Milwaukee Admirals Hockey Our team vs. the Ice Hogs 6:30 - 9:15 p.m. Friday, Feb. 12 Meet at MCFI, 2020 W. Wells St. Cost: \$25</p> | <p>Groovin' Move to the music! 6:00 - 7:30 p.m. Wednesdays, March 3, 10, 17 & 24 Southeast Campus, 3333 S. Howell Ave. Cost: \$25 for four sessions</p> | | | <p>Fun World 6:00 - 9:00 p.m. Friday, March 26 Meet at MCFI, 2020 W. Wells St. Cost \$20, includes some tokens and snacks. Bring extra spending money if desired</p> |
| <p>High School Musical Sing-Along Break out the jams with us 6:00 - 8:00 p.m. Friday, Jan. 22 MCFI, 2020 W. Wells St. Cost: \$10, including snacks</p> | | | <p>Roller Derby Showdown Cheer for our Brew City Bruisers Call for game time - Saturday, Feb. 13 Meet at MCFI, 2020 W. Wells St. Cost: \$15</p> | <p>Guys Night Out Watch the Bucks at Buffalo Wild Wings 7:00 - 9:30 p.m., Friday, March 5 Meet at BWW 2635 N Mayfair Rd Cost: \$15, includes dinner</p> | | | <p>Green Living Festival Eco-fest at the Domes 10:00 - 11:30 a.m. Saturday, March 27 Meet at the Domes 524 S. Layton Blvd. Cost: \$10</p> |
| <p>Country Springs Water Park Swim in the warm indoors! 3:15 - 6:30 p.m. Monday, Jan. 25 Meet at MCFI, 2020 W. Wells St. Cost: \$15</p> | | | <p>Make Your Own Rainstick! Music meets art in this fun project 6:00 - 7:30 p.m. Monday, Feb. 15 MCFI, 2020 W. Wells St. Cost: \$10</p> | <p>The Beat Goes On UWM Percussion Ensemble in Concert! 11:30 a.m. - 3:00 p.m. Sunday, March 7 MCFI, 2020 W. Wells St. Cost: \$15</p> | | | <p>Easter Egg Decorating A basketful of fun! 6:00 - 7:30 p.m. Tuesday, March 30 MCFI, 2020 W. Wells St. Cost: \$8</p> |

JOIN US FOR THE TIME OF YOUR LIFE!

Unless noted, transportation is "on your own." Any person who needs personal care support needs to have a caregiver with them. Doors open 30 minutes prior to the event. Please do not arrive sooner.

Call 414.937.2100

Reserve your spot today!

Try something new everyday at MCFI's L.I.F.E. Day Services programs. Call 414.937.2099 for a tour.



MILWAUKEE CENTER
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